年齢階級別集計表

1 身体状況調査
表22 身長、体重、BMIの平均値及び標準偏差

		人数（人）	身長(cm) 平均値	標準偏差	体重(kg) 平均値	標準偏差	BMI(kg/m²) 平均値	標準偏差
男性	総数	820	161.6	18.4	60.2	17.2	—	—
	1～6歳	49	102.8	11.9	16.3	3.9	—	—
	7～14歳	44	135.2	15.1	33.6	13.6	—	—
	15～19歳	28	170.6	5.3	59.9	8.5	20.5	2.4
	20～29歳	51	171.1	5.5	65.6	11.9	22.4	3.7
	30～39歳	107	172.2	6.0	69.3	11.1	23.3	3.4
	40～49歳	116	169.9	5.9	69.5	11.9	24.0	3.5
	50～59歳	156	168.3	5.6	67.0	10.3	23.6	3.1
	60～69歳	129	164.8	5.9	63.3	9.6	23.2	2.7
	70～79歳	100	160.6	6.4	58.9	9.1	22.8	2.8
	80歳以上	40	157.1	7.1	53.1	8.6	21.5	3.0
	再掲（20歳以上）	699	167.0	7.4	65.0	11.4	23.2	3.2
	再掲（70歳以上）	140	159.6	6.8	57.3	9.3	22.4	2.9
女性	総数	892	150.4	14.4	49.5	13.2	—	—
	1～6歳	39	96.7	13.2	14.9	3.6	—	—
	7～14歳	49	137.3	13.4	33.4	10.1	—	—
	15～19歳	19	158.2	4.6	52.0	6.2	20.8	2.3
	20～29歳	74	158.3	5.8	52.2	10.4	20.7	3.5
	30～39歳	127	158.5	5.4	54.0	9.7	21.5	3.8
	40～49歳	107	156.8	5.0	53.1	8.1	21.6	3.0
	50～59歳	150	154.8	5.1	54.4	10.1	22.7	3.8
	60～69歳	147	152.7	5.2	52.7	9.0	22.6	3.8
	70～79歳	115	147.4	5.9	48.4	9.5	22.2	4.1
	80歳以上	65	144.8	6.2	47.5	16.0	22.6	7.1
	再掲（20歳以上）	785	153.7	7.0	52.2	10.4	22.1	4.1
	再掲（70歳以上）	180	146.5	6.1	48.1	12.2	22.4	5.3

＊妊婦、身長、体重未記入者を除く　＊BMI=体重(kg)÷身長(m)²　＊BMIは15歳以上のみ算出

表23 BMIの判定状況
人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	727	28	51	107	116	156	129	100	40	699	140
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	肥満	168	1	10	26	35	42	29	20	5	167	25
		(23.1%)	(3.6%)	(19.6%)	(24.3%)	(30.2%)	(26.9%)	(22.5%)	(20.0%)	(12.5%)	(23.9%)	(17.9%)
	普通	518	22	36	76	78	111	95	71	29	496	100
		(71.3%)	(78.6%)	(70.6%)	(71.0%)	(67.2%)	(71.2%)	(73.6%)	(71.0%)	(72.5%)	(71.0%)	(71.4%)
	低体重（やせ）	41	5	5	5	3	3	5	9	6	36	15
		(5.6%)	(17.9%)	(9.8%)	(4.7%)	(2.6%)	(1.9%)	(3.9%)	(9.0%)	(15.0%)	(5.2%)	(10.7%)
女性	総数	804	19	74	127	107	150	147	115	65	785	180
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	肥満	143	1	7	16	13	31	37	25	13	142	38
		(17.8%)	(5.3%)	(9.5%)	(12.6%)	(12.1%)	(20.7%)	(25.2%)	(21.7%)	(20.0%)	(18.1%)	(21.1%)
	普通	543	16	46	92	79	104	96	70	40	527	110
		(67.5%)	(84.2%)	(62.2%)	(72.4%)	(73.8%)	(69.3%)	(65.3%)	(60.9%)	(61.5%)	(67.1%)	(61.1%)
	低体重（やせ）	118	2	21	19	15	15	14	20	12	116	32
		(14.7%)	(10.5%)	(28.4%)	(15.0%)	(14.0%)	(10.0%)	(9.5%)	(17.4%)	(18.5%)	(14.8%)	(17.8%)

＊妊婦、身長、体重未記入者を除く15歳以上　＊BMI=体重(kg)÷身長(m)²

判定	低体重（やせ）	普通体重（正常）	肥満
BMI(kg/m²)	18.5未満	18.5以上25.0未満	25.0以上

（「日本肥満学会（2000年）による肥満の判定基準」より）

表24-1　BMIの分布（男性）　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　人数（％）

男性		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
	総数	727	28	51	107	116	156	129	100	40	699	140
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	15以上～16kg/m²未満	4	0	0	0	1	0	0	1	2	4	3
		(0.6%)	(0.0%)	(0.0%)	(0.0%)	(0.9%)	(0.0%)	(0.0%)	(1.0%)	(5.0%)	(0.6%)	(2.1%)
	16～17	5	1	0	2	0	0	1	1	0	4	1
		(0.7%)	(3.6%)	(0.0%)	(1.9%)	(0.0%)	(0.0%)	(0.8%)	(1.0%)	(0.0%)	(0.6%)	(0.7%)
	17～18	19	2	4	2	0	2	3	4	2	17	6
		(2.6%)	(7.1%)	(7.8%)	(1.9%)	(0.0%)	(1.3%)	(2.3%)	(4.0%)	(5.0%)	(2.4%)	(4.3%)
	18～19	30	4	6	7	2	2	2	5	2	26	7
		(4.1%)	(14.3%)	(11.8%)	(6.5%)	(1.7%)	(1.3%)	(1.6%)	(5.0%)	(5.0%)	(3.7%)	(5.0%)
	19～20	60	7	6	6	8	12	5	8	8	53	16
		(8.3%)	(25.0%)	(11.8%)	(5.6%)	(6.9%)	(7.7%)	(3.9%)	(8.0%)	(20.0%)	(7.6%)	(11.4%)
	20～21	78	5	8	8	10	19	12	9	7	73	16
		(10.7%)	(17.9%)	(15.7%)	(7.5%)	(8.6%)	(12.2%)	(9.3%)	(9.0%)	(17.5%)	(10.4%)	(11.4%)
	21～22	74	3	4	13	7	17	19	7	4	71	11
		(10.2%)	(10.7%)	(7.8%)	(12.1%)	(6.0%)	(10.9%)	(14.7%)	(7.0%)	(10.0%)	(10.2%)	(7.9%)
	22～23	97	1	4	19	20	18	20	10	5	96	15
		(13.3%)	(3.6%)	(7.8%)	(17.8%)	(17.2%)	(11.5%)	(15.5%)	(10.0%)	(12.5%)	(13.7%)	(10.7%)
	23～24	100	2	5	11	16	22	24	17	3	98	20
		(13.8%)	(7.1%)	(9.8%)	(10.3%)	(13.8%)	(14.1%)	(18.6%)	(17.0%)	(7.5%)	(14.0%)	(14.3%)
	24～25	92	2	4	13	17	22	14	18	2	90	20
		(12.7%)	(7.1%)	(7.8%)	(12.1%)	(14.7%)	(14.1%)	(10.9%)	(18.0%)	(5.0%)	(12.9%)	(14.3%)
	25～26	55	0	2	7	12	7	11	14	2	55	16
		(7.6%)	(0.0%)	(3.9%)	(6.5%)	(10.3%)	(4.5%)	(8.5%)	(14.0%)	(5.0%)	(7.9%)	(11.4%)
	26～27	39	1	1	3	10	16	6	1	1	38	2
		(5.4%)	(3.6%)	(2.0%)	(2.8%)	(8.6%)	(10.3%)	(4.7%)	(1.0%)	(2.5%)	(5.4%)	(1.4%)
	27～28	22	0	1	5	2	6	6	2	0	22	2
		(3.0%)	(0.0%)	(2.0%)	(4.7%)	(1.7%)	(3.8%)	(4.7%)	(2.0%)	(0.0%)	(3.1%)	(1.4%)
	28～29	18	0	2	4	2	3	2	3	2	18	5
		(2.5%)	(0.0%)	(3.9%)	(3.7%)	(1.7%)	(1.9%)	(1.6%)	(3.0%)	(5.0%)	(2.6%)	(3.6%)
	29～30	7	0	1	2	0	2	2	0	0	7	0
		(1.0%)	(0.0%)	(2.0%)	(1.9%)	(0.0%)	(1.3%)	(1.6%)	(0.0%)	(0.0%)	(1.0%)	(0.0%)
	30～31	9	0	2	2	1	3	1	0	0	9	0
		(1.2%)	(0.0%)	(3.9%)	(1.9%)	(0.9%)	(1.9%)	(0.8%)	(0.0%)	(0.0%)	(1.3%)	(0.0%)
	31～32	7	0	0	1	3	3	0	0	0	7	0
		(1.0%)	(0.0%)	(0.0%)	(0.9%)	(2.6%)	(1.9%)	(0.0%)	(0.0%)	(0.0%)	(1.0%)	(0.0%)
	32～33	6	0	1	1	1	2	1	0	0	6	0
		(0.8%)	(0.0%)	(2.0%)	(0.9%)	(0.9%)	(1.3%)	(0.8%)	(0.0%)	(0.0%)	(0.9%)	(0.0%)
	33～34	1	0	0	0	1	0	0	0	0	1	0
		(0.1%)	(0.0%)	(0.0%)	(0.0%)	(0.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.1%)	(0.0%)
	34～35	2	0	0	0	2	0	0	0	0	2	0
		(0.3%)	(0.0%)	(0.0%)	(0.0%)	(1.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
	35kg/m²以上	2	0	0	1	1	0	0	0	0	2	0
		(0.3%)	(0.0%)	(0.0%)	(0.9%)	(0.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)

＊身長、体重未記入者を除く15歳以上

表24-2　BMIの分布（女性）　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
	総数	804	19	74	127	107	150	147	115	65	785	180
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
女性	15以上～16kg/m²未満	12	0	0	1	0	2	3	4	2	12	6
		(1.5%)	(0.0%)	(0.0%)	(0.8%)	(0.0%)	(1.3%)	(2.0%)	(3.5%)	(3.1%)	(1.5%)	(3.3%)
	16～17	17	1	1	1	0	1	3	5	5	16	10
		(2.1%)	(5.3%)	(1.4%)	(0.8%)	(0.0%)	(0.7%)	(2.0%)	(4.3%)	(7.7%)	(2.0%)	(5.6%)
	17～18	50	1	10	7	10	6	4	9	3	49	12
		(6.2%)	(5.3%)	(13.5%)	(5.5%)	(9.3%)	(4.0%)	(2.7%)	(7.8%)	(4.6%)	(6.2%)	(6.7%)
	18～19	73	1	15	18	10	10	13	3	3	72	6
		(9.1%)	(5.3%)	(20.3%)	(14.2%)	(9.3%)	(6.7%)	(8.8%)	(2.6%)	(4.6%)	(9.2%)	(3.3%)
	19～20	112	5	12	25	13	17	18	13	9	107	22
		(13.9%)	(26.3%)	(16.2%)	(19.7%)	(12.1%)	(11.3%)	(12.2%)	(11.3%)	(13.8%)	(13.6%)	(12.2%)
	20～21	102	4	10	22	19	18	14	10	5	98	15
		(12.7%)	(21.1%)	(13.5%)	(17.3%)	(17.8%)	(12.0%)	(9.5%)	(8.7%)	(7.7%)	(12.5%)	(8.3%)
	21～22	112	1	10	16	20	22	17	16	10	111	26
		(13.9%)	(5.3%)	(13.5%)	(12.6%)	(18.7%)	(14.7%)	(11.6%)	(13.9%)	(15.4%)	(14.1%)	(14.4%)
	22～23	69	4	4	9	5	14	15	10	8	65	18
		(8.6%)	(21.1%)	(5.4%)	(7.1%)	(4.7%)	(9.3%)	(10.2%)	(8.7%)	(12.3%)	(8.3%)	(10.0%)
	23～24	58	0	3	7	8	16	11	11	2	58	13
		(7.2%)	(0.0%)	(4.1%)	(5.5%)	(7.5%)	(10.7%)	(7.5%)	(9.6%)	(3.1%)	(7.4%)	(7.2%)
	24～25	56	1	2	5	9	13	12	9	5	55	14
		(7.0%)	(5.3%)	(2.7%)	(3.9%)	(8.4%)	(8.7%)	(8.2%)	(7.8%)	(7.7%)	(7.0%)	(7.8%)
	25～26	39	1	2	2	5	7	12	8	2	38	10
		(4.9%)	(5.3%)	(2.7%)	(1.6%)	(4.7%)	(4.7%)	(8.2%)	(7.0%)	(3.1%)	(4.8%)	(5.6%)
	26～27	29	0	0	6	2	3	9	8	1	29	9
		(3.6%)	(0.0%)	(0.0%)	(4.7%)	(1.9%)	(2.0%)	(6.1%)	(7.0%)	(1.5%)	(3.7%)	(5.0%)
	27～28	24	0	1	1	2	8	4	1	7	24	8
		(3.0%)	(0.0%)	(1.4%)	(0.8%)	(1.9%)	(5.3%)	(2.7%)	(0.9%)	(10.8%)	(3.1%)	(4.4%)
	28～29	13	0	2	1	1	2	4	3	0	13	3
		(1.6%)	(0.0%)	(2.7%)	(0.8%)	(0.9%)	(1.3%)	(2.7%)	(2.6%)	(0.0%)	(1.7%)	(1.7%)
	29～30	5	0	0	1	1	1	2	0	0	5	0
		(0.6%)	(0.0%)	(0.0%)	(0.8%)	(0.9%)	(0.7%)	(1.4%)	(0.0%)	(0.0%)	(0.6%)	(0.0%)
	30～31	9	0	0	0	1	4	2	1	1	9	2
		(1.1%)	(0.0%)	(0.0%)	(0.0%)	(0.9%)	(2.7%)	(1.4%)	(0.9%)	(1.5%)	(1.1%)	(1.1%)
	31～32	6	0	1	0	1	3	0	1	0	6	1
		(0.7%)	(0.0%)	(1.4%)	(0.0%)	(0.9%)	(2.0%)	(0.0%)	(0.9%)	(0.0%)	(0.8%)	(0.6%)
	32～33	4	0	0	1	0	1	1	1	0	4	1
		(0.5%)	(0.0%)	(0.0%)	(0.8%)	(0.0%)	(0.7%)	(0.7%)	(0.9%)	(0.0%)	(0.5%)	(0.6%)
	33～34	1	0	0	0	0	0	1	0	0	1	0
		(0.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.7%)	(0.0%)	(0.0%)	(0.1%)	(0.0%)
	34～35	5	0	0	1	0	0	2	1	1	5	2
		(0.6%)	(0.0%)	(0.0%)	(0.8%)	(0.0%)	(0.0%)	(1.4%)	(0.9%)	(1.5%)	(0.6%)	(1.1%)
	35kg/m²以上	8	0	1	3	0	2	0	1	1	8	2
		(1.0%)	(0.0%)	(1.4%)	(2.4%)	(0.0%)	(1.3%)	(0.0%)	(0.9%)	(1.5%)	(1.0%)	(1.1%)

表25 日比式による肥満度判定　　　　　　　　　　　　　　　　　　　　　　　人数（％）

	男性				女性			
	総数	6〜8歳	9〜11歳	12〜14歳	総数	6〜8歳	9〜11歳	12〜14歳
総数	55	29	17	9	56	25	16	15
	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
-30%以上-20%未満（やせすぎ）	0	0	0	0	2	0	0	2
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(3.6%)	(0.0%)	(0.0%)	(13.3%)
-20%以上-10%未満（やせぎみ）	7	5	1	1	8	3	2	3
	(12.7%)	(17.2%)	(5.9%)	(11.1%)	(14.3%)	(12.0%)	(12.5%)	(20.0%)
-10%以上0%未満（普通）	21	11	8	2	18	11	6	1
	(38.2%)	(37.9%)	(47.1%)	(22.2%)	(32.1%)	(44.0%)	(37.5%)	(6.7%)
0%以上10%未満（普通）	18	9	6	3	16	4	7	5
	(32.7%)	(31.0%)	(35.3%)	(33.3%)	(28.6%)	(16.0%)	(43.8%)	(33.3%)
10%以上20%未満（太りぎみ）	3	1	1	1	8	6	0	2
	(5.5%)	(3.4%)	(5.9%)	(11.1%)	(14.3%)	(24.0%)	(0.0%)	(13.3%)
30%以上40%未満（肥満）	2	1	0	1	1	1	0	0
	(3.6%)	(3.4%)	(0.0%)	(11.1%)	(1.8%)	(4.0%)	(0.0%)	(0.0%)
20%以上30%未満（肥満）	1	1	0	0	3	0	1	2
	(1.8%)	(3.4%)	(0.0%)	(0.0%)	(5.4%)	(0.0%)	(6.3%)	(13.3%)
40%以上（肥満）	3	1	1	1	0	0	0	0
	(5.5%)	(3.4%)	(5.9%)	(11.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)

＊日比式による肥満度判定
＊6〜14歳

＊日比式標準体重（kg）＝係数1×身長（cm）^{3}＋係数2×身長（cm）^{2}＋係数3×身長（cm）＋係数4

性別	係数1	係数2	係数3	係数4
男子	0.0000641424	-0.0182083	2.01339	-67.9488
女子	0.0000312278	-0.00517476	0.34215	1.66406

＊肥満度（％）＝（実測体重（kg）-標準体重（kg））÷標準体重（kg）×100

判定	やせすぎ	やせぎみ	普通	太りぎみ	肥満
肥満度	-20%未満	-20%以上 -10%未満	-10%以上 10%未満	10%以上 20%未満	20%以上

（参考）

①日比逸郎：肥満症.現代小児科学大学系　第4巻　栄養障害と代謝障害，　pp.330-343 (1968)中山書店,東京都

②吉池信男：学童，生徒における肥満者頻度の経年変化-健康日本21の数値目標と各指標.栄養学雑誌:58(4);177-180(2000)

表26 学校保健統計調査方式による肥満度判定　　　　　　　　　　　　　　　人数（%）

	男性				女性			
	総数	6～8歳	9～11歳	12～14歳	総数	6～8歳	9～11歳	12～14歳
総数	55	29	17	9	56	25	16	15
	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
-30%～-20%未満（軽度やせ）	0	0	0	0	2	0	0	2
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(3.6%)	(0.0%)	(0.0%)	(13.3%)
-20%～-10%未満（普通）	10	6	4	0	9	4	2	3
	(18.2%)	(20.7%)	(23.5%)	(0.0%)	(16.1%)	(16.0%)	(12.5%)	(20.0%)
-10%以上0%未満（普通）	18	10	5	3	20	11	6	3
	(32.7%)	(34.5%)	(29.4%)	(33.3%)	(35.7%)	(44.0%)	(37.5%)	(20.0%)
0%以上～10%未満（普通）	18	10	5	3	16	6	7	3
	(32.7%)	(34.5%)	(29.4%)	(33.3%)	(28.6%)	(24.0%)	(43.8%)	(20.0%)
10%以上～20%未満（普通）	3	0	2	1	6	3	0	3
	(5.5%)	(0.0%)	(11.8%)	(11.1%)	(10.7%)	(12.0%)	(0.0%)	(20.0%)
20%以上～30%未満（軽度肥満）	3	2	0	1	2	1	1	0
	(5.5%)	(6.9%)	(0.0%)	(11.1%)	(3.6%)	(4.0%)	(6.3%)	(0.0%)
30%以上～40%未満（中等度肥満）	0	0	0	0	1	0	0	1
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.8%)	(0.0%)	(0.0%)	(6.7%)
40%以上～50%未満（中等度肥満）	2	0	1	1	0	0	0	0
	(3.6%)	(0.0%)	(5.9%)	(11.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
50%以上（高度肥満）	1	1	0	0	0	0	0	0
	(1.8%)	(3.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)

＊学校保健統計調査方式による肥満度判定
＊6～14歳

＊学校保健統計調査方式による身長別標準体重
身長別標準体重（kg）=a×実測身長（cm）－b

	係　数			
	男　子		女　子	
年　齢	a	b	a	b
6	0.461	32.382	0.458	32.079
7	0.513	38.878	0.508	38.367
8	0.592	48.804	0.561	45.006
9	0.687	61.390	0.652	56.992
10	0.752	70.461	0.730	68.091
11	0.782	75.106	0.803	78.846
12	0.783	75.642	0.796	76.934
13	0.815	81.348	0.655	54.234
14	0.832	83.695	0.594	43.264

＊肥満度（過体重度）=（実測体重（kg）-身長別標準体重（kg））/身長別標準体重（kg）×100（%）
判定区分

	やせ傾向		普通	肥満傾向		
	-20%以下			20%以上		
判定	高度やせ	軽度やせ		軽度肥満	中等度肥満	高度肥満
肥満度	-30%以下	-20%以上 -30%未満	-20%以上 20%未満	20%以上 30%未満	30%以上 50%未満	50%以上

表27　内臓脂肪面積100cm²に相当する腹囲（男性85cm、女性90cm）を超える者　　　人数（％）

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲) 70歳以上
男性	総数	359 (100.0%)	19 (100.0%)	58 (100.0%)	44 (100.0%)	85 (100.0%)	81 (100.0%)	49 (100.0%)	23 (100.0%)	72 (100.0%)
	85cm以上	157 (43.7%)	6 (31.6%)	19 (32.8%)	16 (36.4%)	39 (45.9%)	45 (55.6%)	26 (53.1%)	6 (26.1%)	32 (44.4%)
	85cm未満	202 (56.3%)	13 (68.4%)	39 (67.2%)	28 (63.6%)	46 (54.1%)	36 (44.4%)	23 (46.9%)	17 (73.9%)	40 (55.6%)
女性	総数	496 (100.0%)	22 (100.0%)	93 (100.0%)	59 (100.0%)	100 (100.0%)	110 (100.0%)	82 (100.0%)	30 (100.0%)	112 (100.0%)
	90cm以上	74 (14.9%)	2 (9.1%)	4 (4.3%)	5 (8.5%)	15 (15.0%)	21 (19.1%)	16 (19.5%)	11 (36.7%)	27 (24.1%)
	90cm未満	422 (85.1%)	20 (90.9%)	89 (95.7%)	54 (91.5%)	85 (85.0%)	89 (80.9%)	66 (80.5%)	19 (63.3%)	85 (75.9%)

表28　BMIと腹囲の区分別分布　　　人数（％）

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲) 70歳以上
男性	総数	359 (100.0%)	19 (100.0%)	58 (100.0%)	44 (100.0%)	85 (100.0%)	81 (100.0%)	49 (100.0%)	23 (100.0%)	72 (100.0%)
	BMI<25　腹囲<85cm	197 (54.9%)	13 (68.4%)	38 (65.5%)	26 (59.1%)	45 (52.9%)	36 (44.4%)	22 (44.9%)	17 (73.9%)	39 (54.2%)
	BMI≧25　腹囲<85cm	5 (1.4%)	0 (0.0%)	1 (1.7%)	2 (4.5%)	1 (1.2%)	0 (0.0%)	1 (2.0%)	0 (0.0%)	1 (1.4%)
	BMI<25　腹囲≧85cm	86 (24.0%)	3 (15.8%)	8 (13.8%)	6 (13.6%)	19 (22.4%)	28 (34.6%)	18 (36.7%)	4 (17.4%)	22 (30.6%)
	BMI≧25　腹囲≧85cm	71 (19.8%)	3 (15.8%)	11 (19.0%)	10 (22.7%)	20 (23.5%)	17 (21.0%)	8 (16.3%)	2 (8.7%)	10 (13.9%)
女性	総数	496 (100.0%)	22 (100.0%)	93 (100.0%)	59 (100.0%)	100 (100.0%)	110 (100.0%)	82 (100.0%)	30 (100.0%)	112 (100.0%)
	BMI<25　腹囲<90cm	391 (78.8%)	19 (86.4%)	82 (88.2%)	51 (86.4%)	80 (80.0%)	80 (72.7%)	60 (73.2%)	19 (63.3%)	79 (70.5%)
	BMI≧25　腹囲<90cm	31 (6.3%)	1 (4.5%)	7 (7.5%)	3 (5.1%)	5 (5.0%)	9 (8.2%)	6 (7.3%)	0 (0.0%)	6 (5.4%)
	BMI<25　腹囲≧90cm	15 (3.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (2.0%)	6 (5.5%)	4 (4.9%)	3 (10.0%)	7 (6.3%)
	BMI≧25　腹囲≧90cm	59 (11.9%)	2 (9.1%)	4 (4.3%)	5 (8.5%)	13 (13.0%)	15 (13.6%)	12 (14.6%)	8 (26.7%)	20 (17.9%)

＊妊婦、身長、体重、腹囲未記入者を除く20歳以上

表29-1　腹囲の分布（男性）　　　　　　　　　　　　　　　　　　人（％）

	総数	1～6歳	7～14歳	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	（再掲）20歳以上	（再掲）70歳以上
総数	427	11	41	16	19	58	44	85	81	49	23	359	72
	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
44 - 46cm未満	1	1	0	0	0	0	0	0	0	0	0	0	0
	(0.2%)	(9.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
46 - 48	0	0	0	0	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
48 - 50	1	0	1	0	0	0	0	0	0	0	0	0	0
	(0.2%)	(0.0%)	(2.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
50 - 52	4	1	3	0	0	0	0	0	0	0	0	0	0
	(0.9%)	(9.1%)	(7.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
52 - 54	11	8	3	0	0	0	0	0	0	0	0	0	0
	(2.6%)	(72.7%)	(7.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
54 - 56	5	0	5	0	0	0	0	0	0	0	0	0	0
	(1.2%)	(0.0%)	(12.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
56 - 58	10	1	9	0	0	0	0	0	0	0	0	0	0
	(2.3%)	(9.1%)	(22.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
58 - 60	2	0	2	0	0	0	0	0	0	0	0	0	0
	(0.5%)	(0.0%)	(4.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
60 - 62	4	0	4	0	0	0	0	0	0	0	0	0	0
	(0.9%)	(0.0%)	(9.8%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
62 - 64	6	0	5	1	0	0	0	0	0	0	0	0	0
	(1.4%)	(0.0%)	(12.2%)	(6.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
64 - 66	2	0	0	1	0	0	0	0	0	1	0	1	1
	(0.5%)	(0.0%)	(0.0%)	(6.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.0%)	(0.0%)	(0.3%)	(1.4%)
66 - 68	7	0	1	1	0	0	0	1	1	2	1	5	3
	(1.6%)	(0.0%)	(2.4%)	(6.3%)	(0.0%)	(0.0%)	(0.0%)	(1.2%)	(1.2%)	(4.1%)	(4.3%)	(1.4%)	(4.2%)
68 - 70	15	0	3	3	3	3	1	0	0	0	2	9	2
	(3.5%)	(0.0%)	(7.3%)	(18.8%)	(15.8%)	(5.2%)	(2.3%)	(0.0%)	(0.0%)	(0.0%)	(8.7%)	(2.5%)	(2.8%)
70 - 72	18	0	0	2	2	7	0	1	1	4	1	16	5
	(4.2%)	(0.0%)	(0.0%)	(12.5%)	(10.5%)	(12.1%)	(0.0%)	(1.2%)	(1.2%)	(8.2%)	(4.3%)	(4.5%)	(6.9%)
72 - 74	16	0	1	3	0	4	1	2	1	2	2	12	4
	(3.7%)	(0.0%)	(2.4%)	(18.8%)	(0.0%)	(6.9%)	(2.3%)	(2.4%)	(1.2%)	(4.1%)	(8.7%)	(3.3%)	(5.6%)
74 - 76	23	0	0	2	4	2	3	6	2	2	2	21	4
	(5.4%)	(0.0%)	(0.0%)	(12.5%)	(21.1%)	(3.4%)	(6.8%)	(7.1%)	(2.5%)	(4.1%)	(8.7%)	(5.8%)	(5.6%)
76 - 78	20	0	0	2	0	5	0	6	5	2	0	18	2
	(4.7%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(8.6%)	(0.0%)	(7.1%)	(6.2%)	(4.1%)	(0.0%)	(5.0%)	(2.8%)
78 - 80	29	0	0	0	1	11	3	7	5	2	0	29	2
	(6.8%)	(0.0%)	(0.0%)	(0.0%)	(5.3%)	(19.0%)	(6.8%)	(8.2%)	(6.2%)	(4.1%)	(0.0%)	(8.1%)	(2.8%)
80 - 82	32	0	0	1	1	2	8	5	8	3	4	31	7
	(7.5%)	(0.0%)	(0.0%)	(6.3%)	(5.3%)	(3.4%)	(18.2%)	(5.9%)	(9.9%)	(6.1%)	(17.4%)	(8.6%)	(9.7%)
82 - 84	43	0	0	0	1	4	9	11	11	3	4	43	7
	(10.1%)	(0.0%)	(0.0%)	(0.0%)	(5.3%)	(6.9%)	(20.5%)	(12.9%)	(13.6%)	(6.1%)	(17.4%)	(12.0%)	(9.7%)
84 - 86	39	0	1	0	2	5	5	10	8	6	2	38	8
	(9.1%)	(0.0%)	(2.4%)	(0.0%)	(10.5%)	(8.6%)	(11.4%)	(11.8%)	(9.9%)	(12.2%)	(8.7%)	(10.6%)	(11.1%)
86 - 88	33	0	0	0	1	3	4	6	9	10	0	33	10
	(7.7%)	(0.0%)	(0.0%)	(0.0%)	(5.3%)	(5.2%)	(9.1%)	(7.1%)	(11.1%)	(20.4%)	(0.0%)	(9.2%)	(13.9%)
88 - 90	36	0	2	0	1	4	2	9	12	3	3	34	6
	(8.4%)	(0.0%)	(4.9%)	(0.0%)	(5.3%)	(6.9%)	(4.5%)	(10.6%)	(14.8%)	(6.1%)	(13.0%)	(9.5%)	(8.3%)
90 - 92	25	0	0	0	1	0	1	11	9	2	1	25	3
	(5.9%)	(0.0%)	(0.0%)	(0.0%)	(5.3%)	(0.0%)	(2.3%)	(12.9%)	(11.1%)	(4.1%)	(4.3%)	(7.0%)	(4.2%)
92 - 94	12	0	0	0	0	1	3	2	2	3	1	12	4
	(2.8%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.7%)	(6.8%)	(2.4%)	(2.5%)	(6.1%)	(4.3%)	(3.3%)	(5.6%)
94 - 96	11	0	1	0	1	2	0	3	2	2	0	10	2
	(2.6%)	(0.0%)	(2.4%)	(0.0%)	(5.3%)	(3.4%)	(0.0%)	(3.5%)	(2.5%)	(4.1%)	(0.0%)	(2.8%)	(2.8%)
96 - 98	4	0	0	0	0	0	1	2	0	1	0	4	1
	(0.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.3%)	(2.4%)	(0.0%)	(2.0%)	(0.0%)	(1.1%)	(1.4%)
98 - 100	7	0	0	0	0	3	0	2	2	0	0	7	0
	(1.6%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(5.2%)	(0.0%)	(2.4%)	(2.5%)	(0.0%)	(0.0%)	(1.9%)	(0.0%)
100 - 102	4	0	0	0	1	1	1	0	1	0	0	4	0
	(0.9%)	(0.0%)	(0.0%)	(0.0%)	(5.3%)	(1.7%)	(2.3%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)
102 - 104	2	0	0	0	0	0	0	0	1	1	0	2	1
	(0.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.2%)	(2.0%)	(0.0%)	(0.6%)	(1.4%)
104 - 106	1	0	0	0	0	0	0	1	0	0	0	1	0
	(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
106 - 108	1	0	0	0	0	0	1	0	0	0	0	1	0
	(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
108 - 110	2	0	0	0	0	0	1	0	1	0	0	2	0
	(0.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.3%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.6%)	(0.0%)
110 - 112	1	0	0	0	0	1	0	0	0	0	0	1	0
	(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
112cm以上	0	0	0	0	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)

男性

表29-2　腹囲の分布（女性）　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　人（%）

		総数	1～6歳	7～14歳	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	（再掲）20歳以上	（再掲）70歳以上
女性	総数	562 (100.0%)	7 (100.0%)	44 (100.0%)	15 (100.0%)	22 (100.0%)	93 (100.0%)	59 (100.0%)	100 (100.0%)	110 (100.0%)	82 (100.0%)	30 (100.0%)	496 (100.0%)	112 (100.0%)
	44 - 46cm未満	2 (0.4%)	1 (14.3%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	46 - 48	1 (0.2%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	48 - 50	1 (0.2%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50 - 52	1 (0.2%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	52 - 54	5 (0.9%)	1 (14.3%)	4 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	54 - 56	6 (1.1%)	2 (28.6%)	4 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	56 - 58	12 (2.1%)	2 (28.6%)	8 (18.2%)	0 (0.0%)	0 (0.0%)	1 (1.1%)	0 (0.0%)	1 (1.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (0.4%)	0 (0.0%)
	58 - 60	7 (1.2%)	0 (0.0%)	6 (13.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (0.9%)	0 (0.0%)	0 (0.0%)	1 (0.2%)	0 (0.0%)
	60 - 62	11 (2.0%)	0 (0.0%)	3 (6.8%)	1 (6.7%)	0 (0.0%)	4 (4.3%)	1 (1.7%)	0 (0.0%)	0 (0.0%)	1 (1.2%)	1 (3.3%)	7 (1.4%)	2 (1.8%)
	62 - 64	17 (3.0%)	0 (0.0%)	4 (9.1%)	0 (0.0%)	0 (0.0%)	3 (3.2%)	2 (3.4%)	3 (3.0%)	1 (0.9%)	1 (1.2%)	3 (10.0%)	13 (2.6%)	4 (3.6%)
	64 - 66	15 (2.7%)	0 (0.0%)	3 (6.8%)	1 (6.7%)	1 (4.5%)	4 (4.3%)	1 (1.7%)	3 (3.0%)	0 (0.0%)	1 (1.2%)	1 (3.3%)	11 (2.2%)	2 (1.8%)
	66 - 68	22 (3.9%)	0 (0.0%)	1 (2.3%)	1 (6.7%)	3 (13.6%)	2 (2.2%)	2 (3.4%)	1 (1.0%)	5 (4.5%)	5 (6.1%)	2 (6.7%)	20 (4.0%)	7 (6.3%)
	68 - 70	25 (4.4%)	0 (0.0%)	1 (2.3%)	2 (13.3%)	1 (4.5%)	7 (7.5%)	6 (10.2%)	2 (2.0%)	1 (0.9%)	4 (4.9%)	1 (3.3%)	22 (4.4%)	5 (4.5%)
	70 - 72	25 (4.4%)	0 (0.0%)	1 (2.3%)	2 (13.3%)	1 (4.5%)	6 (6.5%)	5 (8.5%)	3 (3.0%)	4 (3.6%)	3 (3.7%)	0 (0.0%)	22 (4.4%)	3 (2.7%)
	72 - 74	34 (6.0%)	0 (0.0%)	1 (2.3%)	1 (6.7%)	1 (4.5%)	16 (17.2%)	3 (5.1%)	4 (4.0%)	5 (4.5%)	3 (3.7%)	0 (0.0%)	32 (6.5%)	3 (2.7%)
	74 - 76	38 (6.8%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	1 (4.5%)	11 (11.8%)	5 (8.5%)	7 (7.0%)	7 (6.4%)	6 (7.3%)	0 (0.0%)	37 (7.5%)	6 (5.4%)
	76 - 78	53 (9.4%)	0 (0.0%)	2 (4.5%)	1 (6.7%)	5 (22.7%)	10 (10.8%)	9 (15.3%)	9 (9.0%)	8 (7.3%)	7 (8.5%)	2 (6.7%)	50 (10.1%)	9 (8.0%)
	78 - 80	43 (7.7%)	0 (0.0%)	1 (2.3%)	3 (20.0%)	3 (13.6%)	6 (6.5%)	6 (10.2%)	8 (8.0%)	9 (8.2%)	5 (6.1%)	2 (6.7%)	39 (7.9%)	7 (6.3%)
	80 - 82	46 (8.2%)	0 (0.0%)	0 (0.0%)	2 (13.3%)	2 (9.1%)	6 (6.5%)	7 (11.9%)	16 (16.0%)	7 (6.4%)	5 (6.1%)	1 (3.3%)	44 (8.9%)	6 (5.4%)
	82 - 84	35 (6.2%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	1 (4.5%)	5 (5.4%)	2 (3.4%)	5 (5.0%)	14 (12.7%)	4 (4.9%)	3 (10.0%)	34 (6.9%)	7 (6.3%)
	84 - 86	39 (6.9%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	4 (4.3%)	3 (5.1%)	9 (9.0%)	13 (11.8%)	8 (9.8%)	1 (3.3%)	38 (7.7%)	9 (8.0%)
	86 - 88	22 (3.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (2.2%)	0 (0.0%)	6 (6.0%)	9 (8.2%)	4 (4.9%)	1 (3.3%)	22 (4.4%)	5 (4.5%)
	88 - 90	28 (5.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.5%)	2 (2.2%)	2 (3.4%)	8 (8.0%)	5 (4.5%)	9 (11.0%)	1 (3.3%)	28 (5.6%)	10 (8.9%)
	90 - 92	12 (2.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.5%)	0 (0.0%)	1 (1.7%)	2 (2.0%)	4 (3.6%)	2 (2.4%)	2 (6.7%)	12 (2.4%)	4 (3.6%)
	92 - 94	17 (3.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.5%)	0 (0.0%)	0 (0.0%)	3 (3.0%)	9 (8.2%)	2 (2.4%)	2 (6.7%)	17 (3.4%)	4 (3.6%)
	94 - 96	8 (1.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (3.4%)	2 (2.0%)	1 (0.9%)	2 (2.4%)	1 (3.3%)	8 (1.6%)	3 (2.7%)
	96 - 98	11 (2.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.1%)	1 (1.7%)	1 (1.0%)	2 (1.8%)	2 (2.4%)	4 (13.3%)	11 (2.2%)	6 (5.4%)
	98 - 100	11 (2.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.7%)	3 (3.0%)	2 (1.8%)	4 (4.9%)	1 (3.3%)	11 (2.2%)	5 (4.5%)
	100 - 102	6 (1.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (2.0%)	1 (0.9%)	2 (2.4%)	1 (3.3%)	6 (1.2%)	3 (2.7%)
	102 - 104	4 (0.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (2.2%)	0 (0.0%)	0 (0.0%)	1 (0.9%)	1 (1.2%)	0 (0.0%)	4 (0.8%)	1 (0.9%)
	104 - 106	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	106 - 108	3 (0.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (2.0%)	1 (0.9%)	0 (0.0%)	0 (0.0%)	3 (0.6%)	0 (0.0%)
	108 - 110	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	110 - 112	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	112cm以上	2 (0.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.2%)	0 (0.0%)	2 (0.4%)	1 (0.9%)

＊妊婦を除く

表30 血圧の状況（血圧降下薬服用者含む）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲) 20歳以上	(再掲) 70歳以上
男性	総数	291	8	10	43	37	62	66	44	21	283	65
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	至適血圧	83	7	5	32	14	9	9	4	3	76	7
		(28.5%)	(87.5%)	(50.0%)	(74.4%)	(37.8%)	(14.5%)	(13.6%)	(9.1%)	(14.3%)	(26.9%)	(10.8%)
	正常血圧	53	1	2	9	8	10	13	6	4	52	10
		(18.2%)	(12.5%)	(20.0%)	(20.9%)	(21.6%)	(16.1%)	(19.7%)	(13.6%)	(19.0%)	(18.4%)	(15.4%)
	正常高値血圧	44	0	2	2	5	12	12	6	5	44	11
		(15.1%)	(0.0%)	(20.0%)	(4.7%)	(13.5%)	(19.4%)	(18.2%)	(13.6%)	(23.8%)	(15.5%)	(16.9%)
	Ⅰ度収縮期血圧	83	0	1	0	9	19	25	21	8	83	29
		(28.5%)	(0.0%)	(10.0%)	(0.0%)	(24.3%)	(30.6%)	(37.9%)	(47.7%)	(38.1%)	(29.3%)	(44.6%)
	Ⅱ度収縮期血圧	23	0	0	0	0	10	6	6	1	23	7
		(7.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(16.1%)	(9.1%)	(13.6%)	(4.8%)	(8.1%)	(10.8%)
	Ⅲ度収縮期血圧	5	0	0	0	1	2	1	1	0	5	1
		(1.7%)	(0.0%)	(0.0%)	(0.0%)	(2.7%)	(3.2%)	(1.5%)	(2.3%)	(0.0%)	(1.8%)	(1.5%)
	(孤立性)収縮期血圧(再掲)	57	0	0	0	2	9	14	24	8	57	32
		(19.6%)	(0.0%)	(0.0%)	(0.0%)	(5.4%)	(14.5%)	(21.2%)	(54.5%)	(38.1%)	(20.1%)	(49.2%)
女性	総数	447	7	11	84	53	92	99	76	25	440	101
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	至適血圧	192	6	9	74	33	30	28	10	2	186	12
		(43.0%)	(85.7%)	(81.8%)	(88.1%)	(62.3%)	(32.6%)	(28.3%)	(13.2%)	(8.0%)	(42.3%)	(11.9%)
	正常血圧	82	1	2	4	9	21	24	16	5	81	21
		(18.3%)	(14.3%)	(18.2%)	(4.8%)	(17.0%)	(22.8%)	(24.2%)	(21.1%)	(20.0%)	(18.4%)	(20.8%)
	正常高値血圧	75	0	0	4	5	17	19	23	7	75	30
		(16.8%)	(0.0%)	(0.0%)	(4.8%)	(9.4%)	(18.5%)	(19.2%)	(30.3%)	(28.0%)	(17.0%)	(29.7%)
	Ⅰ度収縮期血圧	80	0	0	2	5	20	22	21	10	80	31
		(17.9%)	(0.0%)	(0.0%)	(2.4%)	(9.4%)	(21.7%)	(22.2%)	(27.6%)	(40.0%)	(18.2%)	(30.7%)
	Ⅱ度収縮期血圧	17	0	0	0	1	3	6	6	1	17	7
		(3.8%)	(0.0%)	(0.0%)	(0.0%)	(1.9%)	(3.3%)	(6.1%)	(7.9%)	(4.0%)	(3.9%)	(6.9%)
	Ⅲ度収縮期血圧	1	0	0	0	0	1	0	0	0	1	0
		(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)	(0.0%)	(0.0%)	(0.2%)	(0.0%)
	(孤立性)収縮期血圧(再掲)	72	0	0	2	2	17	20	22	9	72	31
		(16.1%)	(0.0%)	(0.0%)	(2.4%)	(3.8%)	(18.5%)	(20.2%)	(28.9%)	(36.0%)	(16.4%)	(30.7%)

*妊婦を除く15歳以上
*血圧2回測定の平均（1回測定の場合は1回の値）
*正常血圧に至適血圧を含まない

血圧の分類

分 類	収縮期血圧(mmHg)		拡張期血圧(mmHg)
至適血圧	120未満	かつ	80未満
正常血圧	130未満	かつ	85未満
正常高値血圧	130～139	または	85～89
Ⅰ度収縮期血圧	140～159	または	90～99
Ⅱ度収縮期血圧	160～179	または	100～109
Ⅲ度収縮期血圧	180以上	または	110以上
(孤立性)収縮期血圧	140以上	かつ	90未満

「日本高血圧学会（2009年）による血圧の分類」より

表31 収縮期血圧の分布（血圧降下薬服薬者含む）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	291	8	10	43	37	62	66	44	21	283	65
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	90mmHg未満	2	1	0	0	0	0	1	0	0	1	0
		(0.7%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.5%)	(0.0%)	(0.0%)	(0.4%)	(0.0%)
	90 - 100	9	1	1	5	1	1	0	0	0	8	0
		(3.1%)	(12.5%)	(10.0%)	(11.6%)	(2.7%)	(1.6%)	(0.0%)	(0.0%)	(0.0%)	(2.8%)	(0.0%)
	100 - 110	29	3	0	13	4	2	5	1	1	26	2
		(10.0%)	(37.5%)	(0.0%)	(30.2%)	(10.8%)	(3.2%)	(7.6%)	(2.3%)	(4.8%)	(9.2%)	(3.1%)
	110 - 120	51	2	5	16	10	8	5	3	2	49	5
		(17.5%)	(25.0%)	(50.0%)	(37.2%)	(27.0%)	(12.9%)	(7.6%)	(6.8%)	(9.5%)	(17.3%)	(7.7%)
	120 - 130	52	1	2	7	9	9	14	6	4	51	10
		(17.9%)	(12.5%)	(20.0%)	(16.3%)	(24.3%)	(14.5%)	(21.2%)	(13.6%)	(19.0%)	(18.0%)	(15.4%)
	130 - 140	45	0	2	2	5	13	12	6	5	45	11
		(15.5%)	(0.0%)	(20.0%)	(4.7%)	(13.5%)	(21.0%)	(18.2%)	(13.6%)	(23.8%)	(15.9%)	(16.9%)
	140 - 150	44	0	0	0	4	12	10	13	5	44	18
		(15.1%)	(0.0%)	(0.0%)	(0.0%)	(10.8%)	(19.4%)	(15.2%)	(29.5%)	(23.8%)	(15.5%)	(27.7%)
	150 - 160	37	0	0	0	3	10	13	8	3	37	11
		(12.7%)	(0.0%)	(0.0%)	(0.0%)	(8.1%)	(16.1%)	(19.7%)	(18.2%)	(14.3%)	(13.1%)	(16.9%)
	160 - 170	12	0	0	0	0	3	4	4	1	12	5
		(4.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(4.8%)	(6.1%)	(9.1%)	(4.8%)	(4.2%)	(7.7%)
	170 - 180	6	0	0	0	1	2	1	2	0	6	2
		(2.1%)	(0.0%)	(0.0%)	(0.0%)	(2.7%)	(3.2%)	(1.5%)	(4.5%)	(0.0%)	(2.1%)	(3.1%)
	180mmHg以上	4	0	0	0	0	2	1	1	0	4	1
		(1.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(3.2%)	(1.5%)	(2.3%)	(0.0%)	(1.4%)	(1.5%)
	平均（mmHg）	131.6	105.5	116.8	111.5	125.0	139.5	137.1	143.5	136.1	132.4	141.1
	標準偏差（mmHg）	20.9	11.2	11.5	9.4	17.0	21.9	19.0	17.6	15.8	20.6	17.3
女性	総数	447	7	11	84	53	92	99	76	25	440	101
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	90mmHg未満	5	0	0	4	0	0	0	1	0	5	1
		(1.1%)	(0.0%)	(0.0%)	(4.8%)	(0.0%)	(0.0%)	(0.0%)	(1.3%)	(0.0%)	(1.1%)	(1.0%)
	90 - 100	28	2	2	18	4	1	0	1	0	26	1
		(6.3%)	(28.6%)	(18.2%)	(21.4%)	(7.5%)	(1.1%)	(0.0%)	(1.3%)	(0.0%)	(5.9%)	(1.0%)
	100 - 110	77	3	4	32	17	9	8	3	1	74	4
		(17.2%)	(42.9%)	(36.4%)	(38.1%)	(32.1%)	(9.8%)	(8.1%)	(3.9%)	(4.0%)	(16.8%)	(4.0%)
	110 - 120	88	2	4	20	14	22	20	5	1	86	6
		(19.7%)	(28.6%)	(36.4%)	(23.8%)	(26.4%)	(23.9%)	(20.2%)	(6.6%)	(4.0%)	(19.5%)	(5.9%)
	120 - 130	84	0	1	5	10	21	26	16	5	84	21
		(18.8%)	(0.0%)	(9.1%)	(6.0%)	(18.9%)	(22.8%)	(26.3%)	(21.1%)	(20.0%)	(19.1%)	(20.8%)
	130 - 140	71	0	0	3	3	16	19	23	7	71	30
		(15.9%)	(0.0%)	(0.0%)	(3.6%)	(5.7%)	(17.4%)	(19.2%)	(30.3%)	(28.0%)	(16.1%)	(29.7%)
	140 - 150	52	0	0	2	3	14	14	11	8	52	19
		(11.6%)	(0.0%)	(0.0%)	(2.4%)	(5.7%)	(15.2%)	(14.1%)	(14.5%)	(32.0%)	(11.8%)	(18.8%)
	150 - 160	24	0	0	0	1	5	6	10	2	24	12
		(5.4%)	(0.0%)	(0.0%)	(0.0%)	(1.9%)	(5.4%)	(6.1%)	(13.2%)	(8.0%)	(5.5%)	(11.9%)
	160 - 170	15	0	0	0	1	3	5	5	1	15	6
		(3.4%)	(0.0%)	(0.0%)	(0.0%)	(1.9%)	(3.3%)	(5.1%)	(6.6%)	(4.0%)	(3.4%)	(5.9%)
	170 - 180	2	0	0	0	0	0	1	1	0	2	1
		(0.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.0%)	(1.3%)	(0.0%)	(0.5%)	(1.0%)
	180mmHg以上	1	0	0	0	0	1	0	0	0	1	0
		(0.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)	(0.0%)	(0.0%)	(0.2%)	(0.0%)
	平均（mmHg）	124.0	104.7	108.3	106.9	116.5	128.6	130.1	134.9	135.9	124.3	135.1
	標準偏差（mmHg）	18.5	7.7	9.3	12.1	15.4	17.2	15.8	16.7	12.9	18.5	15.8

＊妊婦を除く15歳以上
＊血圧2回測定の平均（1回測定の場合は1回の値）

表32 拡張期血圧の分布（血圧降下薬服用者含む）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	291	8	10	43	37	62	66	44	21	283	65
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	40 - 50mmHg未満	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	50 - 60	16	5	0	5	0	1	2	2	1	11	3
		(5.5%)	(62.5%)	(0.0%)	(11.6%)	(0.0%)	(1.6%)	(3.0%)	(4.5%)	(4.8%)	(3.9%)	(4.6%)
	60 - 70	59	2	2	17	8	7	6	7	10	57	17
		(20.3%)	(25.0%)	(20.0%)	(39.5%)	(21.6%)	(11.3%)	(9.1%)	(15.9%)	(47.6%)	(20.1%)	(26.2%)
	70 - 80	94	1	7	18	12	11	21	16	8	93	24
		(32.3%)	(12.5%)	(70.0%)	(41.9%)	(32.4%)	(17.7%)	(31.8%)	(36.4%)	(38.1%)	(32.9%)	(36.9%)
	80 - 90	68	0	0	3	9	21	19	15	1	68	16
		(23.4%)	(0.0%)	(0.0%)	(7.0%)	(24.3%)	(33.9%)	(28.8%)	(34.1%)	(4.8%)	(24.0%)	(24.6%)
	90 - 100	41	0	1	0	7	12	16	4	1	41	5
		(14.1%)	(0.0%)	(10.0%)	(0.0%)	(18.9%)	(19.4%)	(24.2%)	(9.1%)	(4.8%)	(14.5%)	(7.7%)
	100 - 110	10	0	0	0	0	8	2	0	0	10	0
		(3.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(12.9%)	(3.0%)	(0.0%)	(0.0%)	(3.5%)	(0.0%)
	110 - 120	2	0	0	0	0	2	0	0	0	2	0
		(0.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(3.2%)	(0.0%)	(0.0%)	(0.0%)	(0.7%)	(0.0%)
	120mmHg以上	1	0	0	0	1	0	0	0	0	1	0
		(0.3%)	(0.0%)	(0.0%)	(0.0%)	(2.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.4%)	(0.0%)
	平均(mmHg)	78.1	58.8	74.9	69.2	79.8	85.9	81.4	77.2	70.6	78.6	75.1
	標準偏差(mmHg)	12.3	7.0	6.8	7.1	13.0	12.2	11.2	9.5	8.1	11.9	9.5
女性	総数	447	7	11	84	53	92	99	76	25	440	101
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	40 - 50mmHg未満	3	0	0	1	0	0	0	2	0	3	2
		(0.7%)	(0.0%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.0%)	(2.6%)	(0.0%)	(0.7%)	(2.0%)
	50 - 60	37	4	2	12	4	3	5	5	2	33	7
		(8.3%)	(57.1%)	(18.2%)	(14.3%)	(7.5%)	(3.3%)	(5.1%)	(6.6%)	(8.0%)	(7.5%)	(6.9%)
	60 - 70	135	2	7	44	16	17	23	19	7	133	26
		(30.2%)	(28.6%)	(63.6%)	(52.4%)	(30.2%)	(18.5%)	(23.2%)	(25.0%)	(28.0%)	(30.2%)	(25.7%)
	70 - 80	154	0	1	24	19	36	41	25	8	154	33
		(34.5%)	(0.0%)	(9.1%)	(28.6%)	(35.8%)	(39.1%)	(41.4%)	(32.9%)	(32.0%)	(35.0%)	(32.7%)
	80 - 90	92	1	1	3	10	29	22	20	6	91	26
		(20.6%)	(14.3%)	(9.1%)	(3.6%)	(18.9%)	(31.5%)	(22.2%)	(26.3%)	(24.0%)	(20.7%)	(25.7%)
	90 - 100	24	0	0	0	4	6	8	4	2	24	6
		(5.4%)	(0.0%)	(0.0%)	(0.0%)	(7.5%)	(6.5%)	(8.1%)	(5.3%)	(8.0%)	(5.5%)	(5.9%)
	100 - 110	2	0	0	0	0	1	0	1	0	2	1
		(0.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)	(1.3%)	(0.0%)	(0.5%)	(1.0%)
	110 - 120	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	120mmHg以上	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	平均(mmHg)	72.9	61.7	66.6	66.3	73.6	76.7	75.4	73.3	73.6	73.0	73.4
	標準偏差(mmHg)	10.3	11.1	6.8	7.6	10.7	9.4	9.7	10.9	10.1	10.2	10.6

＊妊婦を除く15歳以上
＊血圧2回測定の平均（1回測定の場合は1回の値）

表33　血圧の状況（血圧降下薬服用者除く）

		総数	15〜19歳	20〜29歳	30〜39歳	40〜49歳	50〜59歳	60〜69歳	70〜79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	223	8	10	41	34	48	43	27	12	215	39
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	至適血圧	79	7	5	30	13	9	9	3	3	72	6
		(35.4%)	(87.5%)	(50.0%)	(73.2%)	(38.2%)	(18.8%)	(20.9%)	(11.1%)	(25.0%)	(33.5%)	(15.4%)
	正常血圧	43	1	2	9	8	9	9	2	3	42	5
		(19.3%)	(12.5%)	(20.0%)	(22.0%)	(23.5%)	(18.8%)	(20.9%)	(7.4%)	(25.0%)	(19.5%)	(12.8%)
	正常高値血圧	31	0	2	2	4	9	7	5	2	31	7
		(13.9%)	(0.0%)	(20.0%)	(4.9%)	(11.8%)	(18.8%)	(16.3%)	(18.5%)	(16.7%)	(14.4%)	(17.9%)
	Ⅰ度収縮期血圧	49	0	1	0	8	11	13	12	4	49	16
		(22.0%)	(0.0%)	(10.0%)	(0.0%)	(23.5%)	(22.9%)	(30.2%)	(44.4%)	(33.3%)	(22.8%)	(41.0%)
	Ⅱ度収縮期血圧	16	0	0	0	0	8	4	4	0	16	4
		(7.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(16.7%)	(9.3%)	(14.8%)	(0.0%)	(7.4%)	(10.3%)
	Ⅲ度収縮期血圧	5	0	0	0	1	2	1	1	0	5	1
		(2.2%)	(0.0%)	(0.0%)	(0.0%)	(2.9%)	(4.2%)	(2.3%)	(3.7%)	(0.0%)	(2.3%)	(2.6%)
	(孤立性)収縮期血圧(再掲)	38	0	0	0	2	7	10	15	4	38	19
		(17.0%)	(0.0%)	(0.0%)	(0.0%)	(5.9%)	(14.6%)	(23.3%)	(55.6%)	(33.3%)	(17.7%)	(48.7%)
女性	総数	357	7	11	83	50	79	71	46	10	350	56
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	至適血圧	182	6	9	73	31	30	23	8	2	176	10
		(51.0%)	(85.7%)	(81.8%)	(88.0%)	(62.0%)	(38.0%)	(32.4%)	(17.4%)	(20.0%)	(50.3%)	(17.9%)
	正常血圧	66	1	2	4	9	20	19	10	1	65	11
		(18.5%)	(14.3%)	(18.2%)	(4.8%)	(18.0%)	(25.3%)	(26.8%)	(21.7%)	(10.0%)	(18.6%)	(19.6%)
	正常高値血圧	58	0	0	4	5	14	15	15	5	58	20
		(16.2%)	(0.0%)	(0.0%)	(4.8%)	(10.0%)	(17.7%)	(21.1%)	(32.6%)	(50.0%)	(16.6%)	(35.7%)
	Ⅰ度収縮期血圧	44	0	0	2	4	13	12	11	2	44	13
		(12.3%)	(0.0%)	(0.0%)	(2.4%)	(8.0%)	(16.5%)	(16.9%)	(23.9%)	(20.0%)	(12.6%)	(23.2%)
	Ⅱ度収縮期血圧	6	0	0	0	1	1	2	2	0	6	2
		(1.7%)	(0.0%)	(0.0%)	(0.0%)	(2.0%)	(1.3%)	(2.8%)	(4.3%)	(0.0%)	(1.7%)	(3.6%)
	Ⅲ度収縮期血圧	1	0	0	0	0	1	0	0	0	1	0
		(0.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.3%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
	(孤立性)収縮期血圧(再掲)	35	0	0	2	2	10	9	12	0	35	12
		(9.8%)	(0.0%)	(0.0%)	(2.4%)	(4.0%)	(12.7%)	(12.7%)	(26.1%)	(0.0%)	(10.0%)	(21.4%)

*妊婦、血圧を下げる薬の服薬者を除く15歳以上
*血圧2回測定の平均（1回測定の場合は1回の値）
*正常血圧に至適血圧を含まない

表34 収縮期血圧の分布（血圧降下薬服用者除く）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	223	8	10	41	34	48	43	27	12	215	39
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(70.4%)	(83.3%)	(100.0%)	(100.0%)
	90mmHg未満	2	1	0	0	0	0	1	0	0	1	0
		(0.9%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.3%)	(0.0%)	(0.0%)	(0.5%)	(0.0%)
	90 - 100	9	1	1	5	1	1	0	0	0	8	0
		(4.0%)	(12.5%)	(10.0%)	(12.2%)	(2.9%)	(2.1%)	(0.0%)	(0.0%)	(0.0%)	(3.7%)	(0.0%)
	100 - 110	27	3	0	12	3	2	5	1	1	24	2
		(12.1%)	(37.5%)	(0.0%)	(29.3%)	(8.8%)	(4.2%)	(11.6%)	(3.7%)	(8.3%)	(11.2%)	(5.1%)
	110 - 120	49	2	5	15	10	8	5	2	2	47	4
		(22.0%)	(25.0%)	(50.0%)	(36.6%)	(29.4%)	(16.7%)	(11.6%)	(7.4%)	(16.7%)	(21.9%)	(10.3%)
	120 - 130	40	1	2	7	9	8	8	2	3	39	5
		(17.9%)	(12.5%)	(20.0%)	(17.1%)	(26.5%)	(16.7%)	(18.6%)	(7.4%)	(25.0%)	(18.1%)	(12.8%)
	130 - 140	30	0	2	2	4	9	6	5	2	30	7
		(13.5%)	(0.0%)	(20.0%)	(4.9%)	(11.8%)	(18.8%)	(14.0%)	(18.5%)	(16.7%)	(14.0%)	(17.9%)
	140 - 150	25	0	0	0	3	7	7	6	2	25	8
		(11.2%)	(0.0%)	(0.0%)	(0.0%)	(8.8%)	(14.6%)	(16.3%)	(22.2%)	(16.7%)	(11.6%)	(20.5%)
	150 - 160	25	0	0	0	3	7	7	6	2	25	8
		(11.2%)	(0.0%)	(0.0%)	(0.0%)	(8.8%)	(14.6%)	(16.3%)	(0.0%)	(0.0%)	(11.6%)	(20.5%)
	160 - 170	6	0	0	0	0	2	2	2	0	6	2
		(2.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(4.2%)	(4.7%)	(0.0%)	(0.0%)	(2.8%)	(5.1%)
	170 - 180	6	0	0	0	1	2	1	2	0	6	2
		(2.7%)	(0.0%)	(0.0%)	(0.0%)	(2.9%)	(4.2%)	(2.3%)	(7.4%)	(0.0%)	(2.8%)	(5.1%)
	180mmHg以上	4	0	0	0	0	2	1	1	0	4	1
		(1.8%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(4.2%)	(2.3%)	(3.7%)	(0.0%)	(1.9%)	(2.6%)
	平均(mmHg)	128.9	105.5	116.8	111.7	124.9	138.4	134.7	144.7	131.1	129.8	140.5
	標準偏差(mmHg)	12.2	7.0	6.8	6.9	13.3	12.6	10.8	9.2	6.9	21.6	19.7
女性	総数	357	7	11	83	50	79	71	46	10	350	56
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	90mmHg未満	5	0	0	4	0	0	0	1	0	5	1
		(1.4%)	(0.0%)	(0.0%)	(4.8%)	(0.0%)	(0.0%)	(0.0%)	(2.2%)	(0.0%)	(1.4%)	(1.8%)
	90 - 100	28	2	2	18	4	1	0	1	0	26	1
		(7.8%)	(28.6%)	(18.2%)	(21.7%)	(8.0%)	(1.3%)	(0.0%)	(2.2%)	(0.0%)	(7.4%)	(1.8%)
	100 - 110	74	3	4	32	17	9	6	2	1	71	3
		(20.7%)	(42.9%)	(36.4%)	(38.6%)	(34.0%)	(11.4%)	(8.5%)	(4.3%)	(10.0%)	(20.3%)	(5.4%)
	110 - 120	81	2	4	19	12	22	17	4	1	79	5
		(22.7%)	(28.6%)	(36.4%)	(22.9%)	(24.0%)	(27.8%)	(23.9%)	(8.7%)	(10.0%)	(22.6%)	(8.9%)
	120 - 130	68	0	1	5	10	20	21	10	1	68	11
		(19.0%)	(0.0%)	(9.1%)	(6.0%)	(20.0%)	(25.3%)	(29.6%)	(21.7%)	(10.0%)	(19.4%)	(19.6%)
	130 - 140	54	0	0	3	3	13	15	15	5	54	20
		(15.1%)	(0.0%)	(0.0%)	(3.6%)	(6.0%)	(16.5%)	(21.1%)	(32.6%)	(50.0%)	(15.4%)	(35.7%)
	140 - 150	28	0	0	2	2	11	8	3	2	28	5
		(7.8%)	(0.0%)	(0.0%)	(2.4%)	(4.0%)	(13.9%)	(11.3%)	(6.5%)	(20.0%)	(8.0%)	(8.9%)
	150 - 160	12	0	0	0	1	1	2	8	0	12	8
		(3.4%)	(0.0%)	(0.0%)	(0.0%)	(2.0%)	(1.3%)	(2.8%)	(17.4%)	(0.0%)	(3.4%)	(14.3%)
	160 - 170	6	0	0	0	1	1	2	2	0	6	2
		(1.7%)	(0.0%)	(0.0%)	(0.0%)	(2.0%)	(1.3%)	(2.8%)	(4.3%)	(0.0%)	(1.7%)	(3.6%)
	170 - 180	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	180mmHg以上	1	0	0	0	0	1	0	0	0	1	0
		(0.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.3%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
	平均(mmHg)	120.1	104.7	108.3	106.8	115.9	125.4	126.9	131.9	130.8	120.4	131.7
	標準偏差(mmHg)	17.1	7.7	9.3	12.2	15.3	15.7	13.7	17.4	13.4	17.1	16.7

*妊婦、血圧を下げる薬の服薬者を除く15歳以上
*血圧2回測定の平均（1回測定の場合は1回の値）

表35 拡張期血圧の分布（血圧降下薬服用者除く）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	223	8	10	41	34	48	43	27	12	215	39
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	40 - 50mmHg未満	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	50 - 60	14	5	0	4	0	1	2	1	1	9	2
		(6.3%)	(62.5%)	(0.0%)	(9.8%)	(0.0%)	(2.1%)	(4.7%)	(3.7%)	(8.3%)	(4.2%)	(5.1%)
	60 - 70	50	2	2	17	8	6	4	4	7	48	11
		(22.4%)	(25.0%)	(20.0%)	(41.5%)	(23.5%)	(12.5%)	(9.3%)	(14.8%)	(58.3%)	(22.3%)	(28.2%)
	70 - 80	74	1	7	17	11	10	16	9	3	73	12
		(33.2%)	(12.5%)	(70.0%)	(41.5%)	(32.4%)	(20.8%)	(37.2%)	(33.3%)	(25.0%)	(34.0%)	(30.8%)
	80 - 90	53	0	0	3	8	17	13	11	1	53	12
		(23.8%)	(0.0%)	(0.0%)	(7.3%)	(23.5%)	(35.4%)	(30.2%)	(40.7%)	(8.3%)	(24.7%)	(30.8%)
	90 - 100	22	0	1	0	6	6	7	2	0	22	2
		(9.9%)	(0.0%)	(10.0%)	(0.0%)	(17.6%)	(12.5%)	(16.3%)	(7.4%)	(0.0%)	(10.2%)	(5.1%)
	100 - 110	7	0	0	0	0	6	1	0	0	7	0
		(3.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(12.5%)	(2.3%)	(0.0%)	(0.0%)	(3.3%)	(0.0%)
	110 - 120	2	0	0	0	0	2	0	0	0	2	0
		(0.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(4.2%)	(0.0%)	(0.0%)	(0.0%)	(0.9%)	(0.0%)
	120mmHg以上	1	0	0	0	1	0	0	0	0	1	0
		(0.4%)	(0.0%)	(0.0%)	(0.0%)	(2.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.5%)	(0.0%)
	平均(mmHg)	77.0	58.8	74.9	69.4	79.7	84.7	79.3	77.9	67.8	77.6	74.8
	標準偏差(mmHg)	12.2	7.0	6.8	6.9	13.3	12.6	10.8	9.2	6.9	11.8	9.7
女性	総数	357	7	11	83	50	79	71	46	10	350	56
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	40 - 50mmHg未満	3	0	0	1	0	0	0	2	0	3	2
		(0.8%)	(0.0%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.0%)	(4.3%)	(0.0%)	(0.9%)	(3.6%)
	50 - 60	35	4	2	12	4	3	5	4	1	31	5
		(9.8%)	(57.1%)	(18.2%)	(14.5%)	(8.0%)	(3.8%)	(7.0%)	(8.7%)	(10.0%)	(8.9%)	(8.9%)
	60 - 70	121	2	7	43	16	17	18	13	5	119	18
		(33.9%)	(28.6%)	(63.6%)	(51.8%)	(32.0%)	(21.5%)	(25.4%)	(28.3%)	(50.0%)	(34.0%)	(32.1%)
	70 - 80	117	0	1	24	17	32	29	14	0	117	14
		(32.8%)	(0.0%)	(9.1%)	(28.9%)	(34.0%)	(40.5%)	(40.8%)	(30.4%)	(0.0%)	(33.4%)	(25.0%)
	80 - 90	65	1	1	3	10	22	14	12	2	64	14
		(18.2%)	(14.3%)	(9.1%)	(3.6%)	(20.0%)	(27.8%)	(19.7%)	(26.1%)	(20.0%)	(18.3%)	(25.0%)
	90 - 100	15	0	0	0	3	4	5	1	2	15	3
		(4.2%)	(0.0%)	(0.0%)	(0.0%)	(6.0%)	(5.1%)	(7.0%)	(2.2%)	(20.0%)	(4.3%)	(5.4%)
	100 - 110	1	0	0	0	0	1	0	0	0	1	0
		(0.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.3%)	(0.0%)	(0.0%)	(0.0%)	(0.3%)	(0.0%)
	110 - 120	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	120mmHg以上	0	0	0	0	0	0	0	0	0	0	0
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	平均(mmHg)	71.7	61.7	66.6	66.3	73.0	75.7	74.3	71.5	73.5	71.9	71.8
	標準偏差(mmHg)	10.2	11.1	6.8	7.6	10.5	9.4	9.9	10.6	13.3	10.1	11.0

＊妊婦、血圧を下げる薬の服薬者を除く15歳以上
＊血圧2回測定の平均（1回測定の場合は1回の値）

表36 血圧の降下薬の服薬の有無別血圧の平均値及び標準偏差

				総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)70歳以上
男性	血圧降下薬を服薬していない者		人数	215	10	41	34	48	43	27	12	39
		収縮期血圧	平均	129.8	116.8	111.7	124.9	138.4	134.7	144.7	131.1	140.5
			標準偏差	21.6	11.5	9.5	16.9	24.3	20.7	19.4	17.92	19.74
		拡張期血圧	平均	77.6	74.9	69.4	79.7	84.7	79.3	77.9	67.83	77.65
			標準偏差	11.8	6.8	6.9	13.3	12.6	10.8	9.2	6.873	11.82
	血圧降下薬を服薬している者		人数	64	―	―	2	14	22	17	9	26
		収縮期血圧	平均	141.6	―	―	118.5	143.3	142.2	141.6	142.8	142
			標準偏差	13.7	―	―	21.9	10.2	14.7	14.7	9.871	13.01
		拡張期血圧	平均	82.1	―	―	77.5	89.9	85.2	76.2	74.33	82.06
			標準偏差	11.7	―	―	9.2	10.1	11.4	10.1	8.471	11.69
女性	血圧降下薬を服薬していない者		人数	350	11	83	50	79	71	46	10	56
		収縮期血圧	平均	120.4	108.3	106.8	115.9	125.4	126.9	131.9	130.8	131.7
			標準偏差	17.1	9.3	12.2	15.3	15.7	13.7	17.4	13.44	16.66
		拡張期血圧	平均	71.9	66.6	66.3	73.0	75.7	74.3	71.5	73.5	71.9
			標準偏差	10.1	6.8	7.6	10.5	9.4	9.9	10.6	13.34	10.09
	血圧降下薬を服薬している者		人数	87	―	―	2	13	27	30	15	45
		収縮期血圧	平均	140.3	―	―	129.5	148.0	138.7	139.5	139.4	139.5
			標準偏差	15.4	―	―	21.9	12.6	18.3	14.6	11.8	13.61
		拡張期血圧	平均	77.7	―	―	86.0	83.0	78.3	76.2	73.67	77.66
			標準偏差	9.6	―	―	17.0	7.2	8.5	10.9	7.687	9.582

＊妊婦を除く20歳以上の血圧測定者を分析対象とした
＊血圧2回測定の平均（1回測定の場合は1回の値）

表37 血圧測定者の血圧を下げる薬の服薬状況

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)70歳以上
男性	総数	283	10	43	37	62	66	44	21	65
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	64	0	0	2	14	22	17	9	26
		(22.6%)	(0.0%)	(0.0%)	(5.4%)	(22.6%)	(33.3%)	(38.6%)	(42.9%)	(40.0%)
	使用なし	215	10	41	34	48	43	27	12	39
		(76.0%)	(100.0%)	(95.3%)	(91.9%)	(77.4%)	(65.2%)	(61.4%)	(57.1%)	(60.0%)
	未記入	4	0	2	1	0	1	0	0	0
		(1.4%)	(0.0%)	(4.7%)	(2.7%)	(0.0%)	(1.5%)	(0.0%)	(0.0%)	(0.0%)
女性	総数	440	11	84	53	92	99	76	25	101
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	87	0	0	2	13	27	30	15	45
		(19.8%)	(0.0%)	(0.0%)	(3.8%)	(14.1%)	(27.3%)	(39.5%)	(60.0%)	(44.6%)
	使用なし	350	11	83	50	79	71	46	10	56
		(79.5%)	(100.0%)	(98.8%)	(94.3%)	(85.9%)	(71.7%)	(60.5%)	(40.0%)	(55.4%)
	未記入	3	0	1	1	0	1	0	0	0
		(0.7%)	(0.0%)	(1.2%)	(1.9%)	(0.0%)	(1.0%)	(0.0%)	(0.0%)	(0.0%)

＊妊婦を除く20歳以上の血圧測定者を分析対象とした

表38 血圧測定者の高血圧症有病者・高血圧症予備群の割合

		総数	20〜29歳	30〜39歳	40〜49歳	50〜59歳	60〜69歳	70〜79歳	80歳以上	(再掲)70歳以上
男性	総数	279	10	41	36	62	65	44	21	65
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	高血圧症有病者	134	1	0	11	35	40	34	13	47
		(48.0%)	(10.0%)	(0.0%)	(30.6%)	(56.5%)	(61.5%)	(77.3%)	(61.9%)	(72.3%)
	高血圧症予備群	31	2	2	4	9	7	5	2	7
		(11.1%)	(20.0%)	(4.9%)	(11.1%)	(14.5%)	(10.8%)	(11.4%)	(9.5%)	(10.8%)
	非該当	114	7	39	21	18	18	5	6	11
		(40.9%)	(70.0%)	(95.1%)	(58.3%)	(29.0%)	(27.7%)	(11.4%)	(28.6%)	(16.9%)
女性	総数	437	11	83	52	92	98	76	25	101
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	高血圧症有病者	138	0	2	7	28	41	43	17	60
		(31.6%)	(0.0%)	(2.4%)	(13.5%)	(30.4%)	(41.8%)	(56.6%)	(68.0%)	(59.4%)
	高血圧症予備群	58	0	4	5	14	15	15	5	20
		(13.3%)	(0.0%)	(4.8%)	(9.6%)	(15.2%)	(15.3%)	(19.7%)	(20.0%)	(19.8%)
	非該当	241	11	77	40	50	42	18	3	21
		(55.1%)	(100.0%)	(92.8%)	(76.9%)	(54.3%)	(42.9%)	(23.7%)	(12.0%)	(20.8%)

*妊婦を除く20歳以上の血圧測定者で「血圧を下げる薬」の服薬状況に回答のあった者を分析対象とした
*高血圧症有病者とは収縮期血圧140mmHg以上または拡張期血圧90mmHgであるか、血圧を下げる薬服薬者
*血圧を下げる薬服薬者でなく、高血圧症予備群とは130mHg≦収縮期血圧＜140mmHgまたは85mmHg≦拡張期血圧＜90mmHgの者

表39 血圧を下げる薬の服薬状況

		総数	20〜29歳	30〜39歳	40〜49歳	50〜59歳	60〜69歳	70〜79歳	80歳以上	(再掲)70歳以上
男性	総数	297	10	47	41	64	65	48	22	70
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	69	0	0	3	14	22	20	10	30
		(23.2%)	(0.0%)	(0.0%)	(7.3%)	(21.9%)	(33.8%)	(41.7%)	(45.5%)	(42.9%)
	使用なし	228	10	47	38	50	43	28	12	40
		(76.8%)	(100.0%)	(100.0%)	(92.7%)	(78.1%)	(66.2%)	(58.3%)	(54.5%)	(57.1%)
女性	総数	455	13	85	54	95	103	78	27	105
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	94	0	0	2	13	31	31	17	48
		(20.7%)	(0.0%)	(0.0%)	(3.7%)	(13.7%)	(30.1%)	(39.7%)	(63.0%)	(45.7%)
	使用なし	361	13	85	52	82	72	47	10	57
		(79.3%)	(100.0%)	(100.0%)	(96.3%)	(86.3%)	(69.9%)	(60.3%)	(37.0%)	(54.3%)

＊妊婦を除く20歳以上

表40 脈の乱れを治す薬の服薬状況

		総数	20〜29歳	30〜39歳	40〜49歳	50〜59歳	60〜69歳	70〜79歳	80歳以上	(再掲)70歳以上
男性	総数	297	10	47	41	64	65	48	22	70
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	9	0	0	1	1	3	3	1	4
		(3.0%)	(0.0%)	(0.0%)	(2.4%)	(1.6%)	(4.6%)	(6.3%)	(4.5%)	(5.7%)
	使用なし	288	10	47	40	63	62	45	21	66
		(97.0%)	(100.0%)	(100.0%)	(97.6%)	(98.4%)	(95.4%)	(93.8%)	(95.5%)	(94.3%)
女性	総数	455	13	85	54	95	103	78	27	105
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	8	0	0	0	2	2	4	0	4
		(1.8%)	(0.0%)	(0.0%)	(0.0%)	(2.1%)	(1.9%)	(5.1%)	(0.0%)	(3.8%)
	使用なし	447	13	85	54	93	101	74	27	101
		(98.2%)	(100.0%)	(100.0%)	(100.0%)	(97.9%)	(98.1%)	(94.9%)	(100.0%)	(96.2%)

＊妊婦を除く20歳以上

表41　インスリン注射または血糖値を下げる薬の服薬状況

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)70歳以上
男性	総数	297	10	47	41	64	65	48	22	70
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	11	0	0	1	3	1	4	2	6
		(3.7%)	(0.0%)	(0.0%)	(2.4%)	(4.7%)	(1.5%)	(8.3%)	(9.1%)	(8.6%)
	使用なし	286	10	47	40	61	64	44	20	64
		(96.3%)	(100.0%)	(100.0%)	(97.6%)	(95.3%)	(98.5%)	(91.7%)	(90.9%)	(91.4%)
女性	総数	455	13	85	54	95	103	78	27	105
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	9	0	0	0	2	3	4	0	4
		(2.0%)	(0.0%)	(0.0%)	(0.0%)	(2.1%)	(2.9%)	(5.1%)	(0.0%)	(3.8%)
	使用なし	446	13	85	54	93	100	74	27	101
		(98.0%)	(100.0%)	(100.0%)	(100.0%)	(97.9%)	(97.1%)	(94.9%)	(100.0%)	(96.2%)

＊妊婦を除く20歳以上

表42　コレステロールを下げる薬の服薬状況

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)70歳以上
男性	総数	297	10	47	41	64	65	48	22	70
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	15	0	0	0	4	8	1	2	3
		(5.1%)	(0.0%)	(0.0%)	(0.0%)	(6.3%)	(12.3%)	(2.1%)	(9.1%)	(4.3%)
	使用なし	282	10	47	41	60	57	47	20	67
		(94.9%)	(100.0%)	(100.0%)	(100.0%)	(93.8%)	(87.7%)	(97.9%)	(90.9%)	(95.7%)
女性	総数	455	13	85	54	95	103	78	27	105
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	41	0	0	1	8	14	10	8	18
		(9.0%)	(0.0%)	(0.0%)	(1.9%)	(8.4%)	(13.6%)	(12.8%)	(29.6%)	(17.1%)
	使用なし	414	13	85	53	87	89	68	19	87
		(91.0%)	(100.0%)	(100.0%)	(98.1%)	(91.6%)	(86.4%)	(87.2%)	(70.4%)	(82.9%)

＊妊婦を除く20歳以上

表43　中性脂肪を下げる薬の服薬状況

		総数	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)70歳以上
男性	総数	297	10	73	109	57	48	48	22	70
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	9	0	1	4	2	2	1	2	3
		(3.0%)	(0.0%)	(1.4%)	(3.7%)	(3.5%)	(4.2%)	(2.1%)	(9.1%)	(4.3%)
	使用なし	288	10	72	105	55	46	47	20	67
		(97.0%)	(100.0%)	(98.6%)	(96.3%)	(96.5%)	(95.8%)	(97.9%)	(90.9%)	(95.7%)
女性	総数	455	13	109	179	93	61	78	27	105
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	使用あり	11	0	0	3	1	7	10	8	18
		(2.4%)	(0.0%)	(0.0%)	(1.7%)	(1.1%)	(11.5%)	(12.8%)	(29.6%)	(17.1%)
	使用なし	444	13	109	176	92	54	68	19	87
		(97.6%)	(100.0%)	(100.0%)	(98.3%)	(98.9%)	(88.5%)	(87.2%)	(70.4%)	(82.9%)

＊妊婦を除く20歳以上

2 生活状況調査
表44 1日当たりの平均歩行数　　人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	454	19	28	69	70	109	86	55	18	435	73
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	18,000歩以上	5	0	0	1	2	1	1	0	0	5	0
		(1.1%)	(0.0%)	(0.0%)	(1.4%)	(2.9%)	(0.9%)	(1.2%)	(0.0%)	(0.0%)	(1.1%)	(0.0%)
	16,000～18,000歩未満	10	0	0	2	2	3	2	1	0	10	1
		(2.2%)	(0.0%)	(0.0%)	(2.9%)	(2.9%)	(2.8%)	(2.3%)	(1.8%)	(0.0%)	(2.3%)	(1.4%)
	14,000～16,000歩未満	14	0	1	3	2	6	2	0	0	14	0
		(3.1%)	(0.0%)	(3.6%)	(4.3%)	(2.9%)	(5.5%)	(2.3%)	(0.0%)	(0.0%)	(3.2%)	(0.0%)
	12,000～14,000歩未満	29	2	5	8	0	6	6	2	0	27	2
		(6.4%)	(10.5%)	(17.9%)	(11.6%)	(0.0%)	(5.5%)	(7.0%)	(3.6%)	(0.0%)	(6.2%)	(2.7%)
	10,000～12,000歩未満	40	2	4	6	5	12	7	3	1	38	4
		(8.8%)	(10.5%)	(14.3%)	(8.7%)	(7.1%)	(11.0%)	(8.1%)	(5.5%)	(5.6%)	(8.7%)	(5.5%)
	8,000～10,000歩未満	89	7	3	10	20	21	15	10	3	82	13
		(19.6%)	(36.8%)	(10.7%)	(14.5%)	(28.6%)	(19.3%)	(17.4%)	(18.2%)	(16.7%)	(18.9%)	(17.8%)
	6,000～8,000歩未満	100	5	5	18	11	23	23	12	3	95	15
		(22.0%)	(26.3%)	(17.9%)	(26.1%)	(15.7%)	(21.1%)	(26.7%)	(21.8%)	(16.7%)	(21.8%)	(20.5%)
	4,000～6,000歩未満	92	2	6	13	15	20	20	12	4	90	16
		(20.3%)	(10.5%)	(21.4%)	(18.8%)	(21.4%)	(18.3%)	(23.3%)	(21.8%)	(22.2%)	(20.7%)	(21.9%)
	2,000～4,000歩未満	55	1	4	8	10	11	10	7	4	54	11
		(12.1%)	(5.3%)	(14.3%)	(11.6%)	(14.3%)	(10.1%)	(11.6%)	(12.7%)	(22.2%)	(12.4%)	(15.1%)
	2,000歩未満	20	0	0	0	3	6	0	8	3	20	11
		(4.4%)	(0.0%)	(0.0%)	(0.0%)	(4.3%)	(5.5%)	(0.0%)	(14.5%)	(16.7%)	(4.6%)	(15.1%)
	平均	7567.8	8196.6	8219.2	8324.0	7465.8	7811.8	7717.2	6218.0	5322.5	7540.4	5997.2
	標準偏差	3748.4	2582.6	3614.8	3807.5	4075.6	3907.7	3527.4	3496.8	2809.6	3790.9	3344.5
女性	総数	513	15	52	85	70	104	95	61	31	498	92
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	18,000歩以上	1	0	0	1	0	0	0	0	0	1	0
		(0.2%)	(0.0%)	(0.0%)	(1.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.2%)	(0.0%)
	16,000～18,000歩未満	1	1	0	0	0	0	0	0	0	0	0
		(0.2%)	(6.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	14,000～16,000歩未満	3	1	0	0	0	2	0	0	0	2	0
		(0.6%)	(6.7%)	(0.0%)	(0.0%)	(0.0%)	(1.9%)	(0.0%)	(0.0%)	(0.0%)	(0.4%)	(0.0%)
	12,000～14,000歩未満	15	1	1	0	3	2	7	1	0	14	1
		(2.9%)	(6.7%)	(1.9%)	(0.0%)	(4.3%)	(1.9%)	(7.4%)	(1.6%)	(0.0%)	(2.8%)	(1.1%)
	10,000～12,000歩未満	38	2	6	6	7	9	7	1	0	36	1
		(7.4%)	(13.3%)	(11.5%)	(7.1%)	(10.0%)	(8.7%)	(7.4%)	(1.6%)	(0.0%)	(7.2%)	(1.1%)
	8,000～10,000歩未満	75	3	8	12	12	19	14	7	0	72	7
		(14.6%)	(20.0%)	(15.4%)	(14.1%)	(17.1%)	(18.3%)	(14.7%)	(11.5%)	(0.0%)	(14.5%)	(7.6%)
	6,000～8,000歩未満	107	3	13	22	17	19	23	9	1	104	10
		(20.9%)	(20.0%)	(25.0%)	(25.9%)	(24.3%)	(18.3%)	(24.2%)	(14.8%)	(3.2%)	(20.9%)	(10.9%)
	4,000～6,000歩未満	119	3	8	29	14	29	21	13	2	116	15
		(23.2%)	(20.0%)	(15.4%)	(34.1%)	(20.0%)	(27.9%)	(22.1%)	(21.3%)	(6.5%)	(23.3%)	(16.3%)
	2,000～4,000歩未満	102	1	8	13	14	23	18	20	5	101	25
		(19.9%)	(6.7%)	(15.4%)	(15.3%)	(20.0%)	(22.1%)	(18.9%)	(32.8%)	(16.1%)	(20.3%)	(27.2%)
	2,000歩未満	52	0	8	3	2	1	5	10	23	52	33
		(10.1%)	(0.0%)	(15.4%)	(3.5%)	(2.9%)	(1.0%)	(5.3%)	(16.4%)	(74.2%)	(10.4%)	(35.9%)
	平均	6026.2	8687.5	6244.1	6181.9	6772.6	6582.8	6570.5	4565.9	1599.2	5946.1	3566.3
	標準偏差	3225.0	3730.8	3188.2	2457.1	3487.2	2949.0	3059.4	2770.3	1650.0	3178.4	2818.8
総数	平均	6750.0	8413.2	6935.4	7141.7	7119.2	7211.8	7115.3	5349.2	2966.9	6689.4	4641.8
	標準偏差	3562.9	3099.0	3453.5	3301.5	3795.2	3519.0	3330.7	3229.9	2790.4	3565.4	3284.2

*15歳以上

*3日間とも測定し、歩数計を「朝起きてから寝るまで、ほぼずっとつけていた」と回答し、歩数計のカウント状況に問題のなかったものの3日間の平均

表45　問1　食事は3食ほぼ決まった時間に食べていますか　　　　　　　　　　　　　　　　　　　　　　　　　人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	757	53	52	104	114	157	134	101	42	704	143
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	はい	583	38	25	67	71	129	119	95	39	545	134
		(77.0%)	(71.7%)	(48.1%)	(64.4%)	(62.3%)	(82.2%)	(88.8%)	(94.1%)	(92.9%)	(77.4%)	(93.7%)
	いいえ	174	15	27	37	43	28	15	6	3	159	9
		(23.0%)	(28.3%)	(51.9%)	(35.6%)	(37.7%)	(17.8%)	(11.2%)	(5.9%)	(7.1%)	(22.6%)	(6.3%)
女性	総数	847	37	78	132	110	153	149	117	71	810	188
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	はい	742	32	55	111	95	131	137	112	69	710	181
		(87.6%)	(86.5%)	(70.5%)	(84.1%)	(86.4%)	(85.6%)	(91.9%)	(95.7%)	(97.2%)	(87.7%)	(96.3%)
	いいえ	105	5	23	21	15	22	12	5	2	100	7
		(12.4%)	(13.5%)	(29.5%)	(15.9%)	(13.6%)	(14.4%)	(8.1%)	(4.3%)	(2.8%)	(12.3%)	(3.7%)

表46　問2　夜10時以降に夕食、夜食を食べますか　　　　　　　　　　　　　　　　　　　　　　　　　　　　　人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	757	53	52	104	114	157	134	101	42	704	143
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	よく食べる	58	6	3	15	17	15	1	0	1	52	1
		(7.7%)	(11.3%)	(5.8%)	(14.4%)	(14.9%)	(9.6%)	(0.7%)	(0.0%)	(2.4%)	(7.4%)	(0.7%)
	時々食べる	212	23	29	51	47	44	12	4	2	189	6
		(28.0%)	(43.4%)	(55.8%)	(49.0%)	(41.2%)	(28.0%)	(9.0%)	(4.0%)	(4.8%)	(26.8%)	(4.2%)
	ほとんど食べない	487	24	20	38	50	98	121	97	39	463	136
		(64.3%)	(45.3%)	(38.5%)	(36.5%)	(43.9%)	(62.4%)	(90.3%)	(96.0%)	(92.9%)	(65.8%)	(95.1%)
女性	総数	847	37	78	132	110	153	149	117	71	810	188
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	よく食べる	14	1	2	3	3	4	0	0	1	13	1
		(1.7%)	(2.7%)	(2.6%)	(2.3%)	(2.7%)	(2.6%)	(0.0%)	(0.0%)	(1.4%)	(1.6%)	(0.5%)
	時々食べる	130	7	24	34	25	23	12	4	1	123	5
		(15.3%)	(18.9%)	(30.8%)	(25.8%)	(22.7%)	(15.0%)	(8.1%)	(3.4%)	(1.4%)	(15.2%)	(2.7%)
	ほとんど食べない	703	29	52	95	82	126	137	113	69	674	182
		(83.0%)	(78.4%)	(66.7%)	(72.0%)	(74.5%)	(82.4%)	(91.9%)	(96.6%)	(97.2%)	(83.2%)	(96.8%)

表47　問3　外食（市販のお弁当も含みます）をしますか　　　　　　　　　　　　　　　　　　　　　　　　　人数（％）

		総数	15～19歳	20～29歳	30～39歳	40～49歳	50～59歳	60～69歳	70～79歳	80歳以上	(再掲)20歳以上	(再掲)70歳以上
男性	総数	756	53	52	103	114	157	134	101	42	703	143
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	毎日2回以上	12	1	1	2	5	2	0	1	0	11	1
		(1.6%)	(1.9%)	(1.9%)	(1.9%)	(4.4%)	(1.3%)	(0.0%)	(1.0%)	(0.0%)	(1.6%)	(0.7%)
	毎日1回以上	75	1	7	13	17	21	11	4	1	74	5
		(9.9%)	(1.9%)	(13.5%)	(12.6%)	(14.9%)	(13.4%)	(8.2%)	(4.0%)	(2.4%)	(10.5%)	(3.5%)
	週に4～5回	49	3	4	14	9	11	5	3	0	46	3
		(6.5%)	(5.7%)	(7.7%)	(13.6%)	(7.9%)	(7.0%)	(3.7%)	(3.0%)	(0.0%)	(6.5%)	(2.1%)
	週に2～3回	140	17	20	25	22	26	17	9	4	123	13
		(18.5%)	(32.1%)	(38.5%)	(24.3%)	(19.3%)	(16.6%)	(12.7%)	(8.9%)	(9.5%)	(17.5%)	(9.1%)
	ほとんど外食しない	480	31	20	49	61	97	101	84	37	449	121
		(63.5%)	(58.5%)	(38.5%)	(47.6%)	(53.5%)	(61.8%)	(75.4%)	(83.2%)	(88.1%)	(63.9%)	(84.6%)
女性	総数	847	37	78	132	110	153	149	117	71	810	188
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
	毎日2回以上	4	0	2	0	0	0	0	2	0	4	2
		(0.5%)	(0.0%)	(2.6%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(1.7%)	(0.0%)	(0.5%)	(1.1%)
	毎日1回以上	33	2	7	5	7	3	5	4	0	31	4
		(3.9%)	(5.4%)	(9.0%)	(3.8%)	(6.4%)	(2.0%)	(3.4%)	(3.4%)	(0.0%)	(3.8%)	(2.1%)
	週に4～5回	20	2	3	3	2	5	3	0	2	18	2
		(2.4%)	(5.4%)	(3.8%)	(2.3%)	(1.8%)	(3.3%)	(2.0%)	(0.0%)	(2.8%)	(2.2%)	(1.1%)
	週に2～3回	155	9	33	41	21	24	8	12	7	146	19
		(18.3%)	(24.3%)	(42.3%)	(31.1%)	(19.1%)	(15.7%)	(5.4%)	(10.3%)	(9.9%)	(18.0%)	(10.1%)
	ほとんど外食しない	635	24	33	83	80	121	133	99	62	611	161
		(75.0%)	(64.9%)	(42.3%)	(62.9%)	(72.7%)	(79.1%)	(89.3%)	(84.6%)	(87.3%)	(75.4%)	(85.6%)